

Subject:	Self-checks by patients with type 2 diabetes who do not use insulin
Summary:	<p>In 2008 CVZ issued the “Diabetes package scan’, in which they concluded that patients with type 2 diabetes are asking for reimbursement for self-checks. Various new studies into the (cost-) effectiveness of self-checks have been published since the last outcome of assessment of self-checks for patients with type 2 diabetes who do not use insulin that was carried out by CVZ in 2005. In response to these, CVZ carried out a reassessment of the efficacy of the treatment for this target group.</p> <p>The literature search results in 15 systematic reviews published in 2005 or later. The quality of the systematic reviews included in this assessment is reasonable to good. The systematic reviews all find a small but significant improvement in the HbA1c-level. On the grounds of the literature, CVZ rules that this small but significant improvement in the HbA1c level in the blood is not clinically relevant.</p>
Type of ruling:	SpZ = Outcome of Assessment Zvw
Date:	20 September 2010
Issued to:	Care-provider Patients’ association Health insurers
Care form:	Medical devices care