

Subject:	<b>Prevention of panic disorders</b>
Summary:	<p>CVZ has re-assessed the outcome of assessment on the prevention of panic disorders dating from 2009. The background reports show that for panic disorders sufficient scientific evidence exists for the efficacy of preventive interventions based on cognitive behavioural-therapeutic principles. This means that the preventive intervention for panic disorders fulfils the 'established medical science and medical practice' criterion. For other anxiety disorders there is still insufficient evidence based on scientific research of a sufficient quality in relation to preventive interventions.</p> <p>CVZ therefore concludes that prevention of a panic disorder in the form of programmes based on cognitive behavioural therapy can be regarded as an insured provision under the <i>Zorgverzekeringswet</i> (Zvw, Health Insurance Act).</p>
Type of ruling:	SpZ = outcome of assessment Zvw
Date:	27 June 2011
Issued to:	Various organisations
Care form:	Medical care